## Announcement from the Oasis Team Center for Mindfulness in Medicine, Health Care, and Society™ University of Massachusetts Medical School

We are happy to announce a new communication and information resource to help guide you in our professional education and training programs, offered through the Oasis Institute of Mindfulness-Based Professional Education and Training<sup>TM</sup>.

*cfmHOME*<sup>™</sup> is intended to provide a fuller, more timely resource, while cultivating closer connections among Oasis program participants who live all over the globe.

cfmHOME™ is a live and dynamic community that provides opportunities to share and learn from your peers, chat with other participants and practitioners, engage with a moderator(s) from the Oasis team, explore opportunities for future trainings, and gain easy access to FAQ's.

Now, you can visit  $cfmHOME^{TM}$  for all the information you might once have sought by writing to the email address  $\underline{cfm.oasis@umassmed.edu}$ , which will no longer be active.

To create an account, please click on the link <a href="https://community.cfmhome.org/t/frequently-asked-questions/38/22">https://community.cfmhome.org/t/frequently-asked-questions/38/22</a>

Once you have created an account, you may visit all of the public rooms in the OASIS Institute. (NOTE: the color coding on cfmHOME will help with navigation of this site.) You may also create new discussions, post articles, and share your experience.

## **Things To Do at** (*cfm*)*HOME*<sup>TM</sup> in the Oasis Institute Section:

- 1. Ask questions of a moderator who is knowledgeable about Oasis training.
- 2. Share your experiences of training with Oasis and chat with other participants about your learning experiences.
- 3. Ask questions of your peers, who can share from their experiences.
- 4. Answer questions from your peers, based on your experiences.
- 5. Read the answers to FAQ's.
- 6. Make suggestions and offer comments.

We hope you enjoy and make much use of this opportunity to share and learn from one another!

Join us at (cfm)HOME and benefit from and participate in the worldwide community of Oasis trainees, past, present and future.